

How Do I Know If CMM Is a *Usable Innovation*?

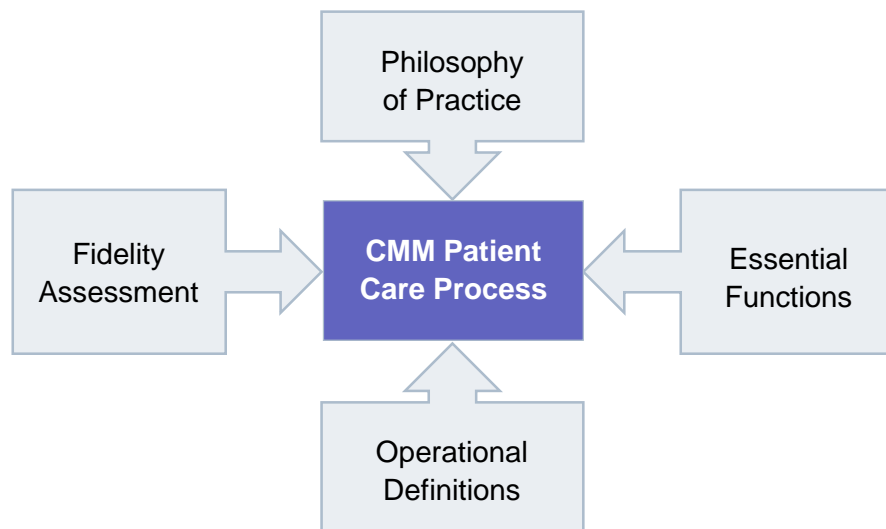
A key step prior to the implementation of any new intervention or service is to confirm that it is a **usable innovation**. According to the National Implementation Research Network (NIRN), usable innovations are “effective and well-operationalized. An innovation needs to be teachable, learnable, doable, and readily assessed in practice if it is to be used effectively to reach all [patients] who could benefit.”¹ These characteristics are critical for ensuring consistent delivery of the innovation, guiding the assessment of fidelity to the innovation, and facilitating the replication and scale of the innovation.

The *Usable Innovation* framework requires **four key components** to ensure the innovation is usable and effective.

- 1 A clear description of the innovation and the guiding principles, values, and overarching philosophy underlying the innovation
- 2 Well-defined essential functions or core components of the innovation (i.e., elements of the innovation believed to be associated with the innovation’s effectiveness)
- 3 Operational definitions for how to implement each essential function in real-world settings
- 4 Evidence of effectiveness through fidelity assessments and measures of clinical impact

For **Comprehensive Medication Management (CMM)**, the CMM in Primary Care study helped ensure CMM is a usable innovation by defining the CMM Philosophy of Practice,² developing The Patient Care Process for Delivering Comprehensive Medication Management (CMM) (wherein the essential functions and operational definitions of CMM are fully defined),³ and creating a fidelity assessment to ensure consistent delivery of CMM.⁴

This system relies on these tools for effective implementation of CMM. In Step 6 (Assess Your CMM Foundations) of the Implementation System we will introduce you to these tools and guide you through use of each of them.



1) Fixsen, D, et al. (2005). *Implementation Research: A Synthesis of the Literature*. Tamps, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute, National Implementation Research Network.; 2) Pestka DL, et al. *Pharmacotherapy*. 2018; 38(1): 69-79. 3) The Patient Care Process for Delivering Comprehensive Medication Management (CMM): Optimizing Medication Use in Patient-Centered, Team-Based Care Settings. CMM in Primary Care Research Team. July 2018. Available at http://www.accp.com/cmm_care_process. 4) The *CMM Patient Care Process Self-Assessment* can be found in Step 4 of the *CMM Implementation System*.